

CURRICULUM VITAE

Jeffrey Edward Lazarus, MD, FAAP
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EDUCATION:

1970-74 B.A., Magna cum Laude, Washington University, St. Louis, Missouri
1974-78 M.D., Rush Medical School, Chicago, Illinois

POST-DOCTORAL TRAINING:

1978-79 Intern in Pediatrics, Stanford University, Stanford, California
1979-81 Resident in Pediatrics, Stanford University, Stanford, California

POST-DOCTORAL WORK

1981-2008 Private Practice, General Pediatrics, Cleveland, Ohio
2008-present Private Practice, Child & Adolescent Clinical Hypnosis & Biofeedback,
Menlo Park, California
After Hours Pediatrics Urgent Care Clinic, San Mateo, California
2010-2011 Private Practice, part-time, The Village Doctor, Woodside, California

ACADEMIC APPOINTMENTS:

Associate Clinical Professor of Pediatrics, Case Western Reserve University School of
Medicine, Rainbow Babies and Children's Hospital

PROFESSIONAL SOCIETIES:

Fellow, American Academy of Pediatrics
American Society of Clinical Hypnosis

CONTRIBUTING EDITOR:

Yearbook of Pediatrics, 2014; Mosby; Stockman, James A., III, editor. (in press)

Yearbook of Pediatrics, 2004; Mosby; Stockman, James A., III, editor.

UPCOMING PRESENTATIONS

August, 2013 Guest lecturer and teaching assistant for David Burns, MD when Dr. Burns teaches
"Advanced Applications in Cognitive Therapy: A Four-Day Intensive Training." San Francisco,
California.

October, 2013 "Techniques to Maximize Treatment Adherence and Outcome." **Child Hypnosis
Congress**, Heidelberg, Germany.

October, 2013 "Treatment of Tics and Habit Disorders with Training in Self-Hypnosis." **Child
Hypnosis Congress**, Heidelberg, Germany.

October, 2013 "Treatment of Headaches Utilizing Self-Hypnosis." **Society for Clinical and
Experimental Hypnosis, Advanced Workshop, Annual Meeting**, Berkeley, California.

INVITED PRESENTATIONS:

April, 2013 “Medical Applications of Mental Imagery in Children and Adolescents.”
Dubai Paediatric Society, Dubai, United Arab Emirates.

March, 2013 “Treatment of Tics and Habit Disorders with Training in Self-Hypnosis.”
American Society of Clinical Hypnosis Annual Scientific Meeting, Louisville, Ky.

October 2012 “Treatment of Tics in Patients with Tourette Syndrome with Training in Self-Hypnosis” and “A Comprehensive Approach to the Treatment of Nocturnal Enuresis (Bedwetting) Incorporating Self-Hypnosis.” **International Society of Hypnosis Congress**, Bremen, Germany.

May 2012 “The Use of Hypnotherapy in Pediatrics” and “Medical Hypnosis in the Treatment of Functional Abdominal Pain and Irritable Bowel Syndrome.” **American Academy of Pediatrics Annual California Chapter 1 Meeting**, Monterey, CA

March 2011 “Application of Dr. Michael Yapko’s Approach to Sports Performance Enhancement.” American Society of Clinical Hypnosis annual scientific meeting. This was the first time this has ever been reported.

December 2010 “Test-taking Anxiety and Situational –Specific Anxiety: Using visualization and positive self-talk to manage Test-Taking Anxiety and Situational-Specific Anxiety.” Parents Education Network, San Francisco, California.

October 2010 “Clinical Hypnosis in the Treatment of Insomnia and Anxiety.” California Association of Marriage and Family Therapists.

September 2009 “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis,” “Treatment of Nocturnal Enuresis with Self-Hypnosis,” “Treatment of Migraine Headaches with Self-Hypnosis,” XVIIIth Annual International Hypnosis Society Congress, Rome, Italy.

September 2009 Department of Child and Adolescent Psychiatry; Saarland University Hospital, Homburg, Germany

May 2009 Pritzker Lecture Series, Osher Center for Integrative Medicine, University of California, San Francisco

October 2008 “Treatment of Nocturnal Enuresis with Self-Hypnosis” Combined meeting of the American Academy of Pediatrics and International Children’s Continence Society

August 2006 “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis”, “Treatment of Nocturnal Enuresis with Self-Hypnosis”, “Learning and Teaching Self-Hypnosis” XVIIth Annual International Hypnosis Society Congress

June 2004 “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis” 4th scientific meeting of the International Tourette Syndrome Association, poster session

April 2004 Annual Mullen Lecture Series, Guest speaker, Department of Psychology, Ursuline College

April 2003 “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis.” Presented at the National Scientific Meeting of the American Society of Clinical Hypnosis

INVITED PRESENTATIONS, SPORTS-RELATED:

March 2011 “Application of Dr. Michael Yapko’s Approach to Sports Performance Enhancement.” American Society of Clinical Hypnosis annual scientific meeting. **This was the first time this has ever been reported.**

February 2011 NIKE Coach of the Year Conference, Concord, California. Spoke about treating Sports Performance Enhancement using clinical hypnosis. The conference was largely attended by high school and junior college football coaches.

March 2010 NIKE Coach of the Year Conference, Concord, California. Spoke about treating Sports Performance Enhancement using clinical hypnosis. The conference was largely attended by high school and junior college football coaches.

PUBLICATIONS:

Lazarus, J and Klein, S. Trattamento non farmacologico dei tic nella sindrome di Tourette con l'autoipnosi appresa tramite un videotape. *Rivista Italiana di Ipnosi Clinica e Sperimentale*, n° 2, 2010, pp. 5-20.

Lazarus, J and Klein, S. Non-Pharmacological Treatment of Tics in Tourette Syndrome with Videotape Training in Self-Hypnosis. *Journal of Developmental & Behavioral Pediatrics*. July/August 2010 - Volume 31 - Issue 6 – pp. 498-504.

Lazarus, J. L'enuresi pediatrica: la diagnosi e il trattamento con l'uso dell'autoipnosi, in L'ipnosi con I bambini e gli adolescenti: Tecniche psicoterapeutiche in eta evolutiva, A cura di Maria Laura Fasciana, Ph.D. (Pediatric enuresis: the diagnosis and treatment using self-hypnosis, in Hypnosis in Children and Adolescents: psychotherapeutic techniques for different stages of development. Edited by Maria Laura Fasciana, Ph.D., 2009)

Silverman, F.N., Stesling A.M., Stevenson, D. K. and **Lazarus, J. E.**, Cerebro-Costo Mandibular Syndrome. *Journal of Pediatrics*, September, 1980 Volume 97, Number 3, pp. 406-416.

Enoch, J. M., **Lazarus, J.E.**, and Johnson, C.A. Human Psychophysical Analysis of Receptive Field-like Properties: I. A New Transient-Like Visual Response Using a Moving Windmill (Werblin-type) Target. *Sensory Processes*, 1: 14-32, 1976

PEDIATRIC GRAND ROUNDS PRESENTATIONS:

- Stanford University Medical Center
- Hospital Infantil in Madrid, Spain
- Mattel Children’s Hospital at UCLA, David Geffen School of Medicine at UCLA
- Children’s Hospital and Health Center, San Diego, California
- Rainbow Babies and Children’s Hospital, Case Western Reserve University School of Medicine

- The Children’s Hospital in Portland, Oregon, Oregon Health Sciences University
- Duke University Medical Center
- The Cleveland Clinic Foundation
- Cardinal Glennon Children’s Hospital, St. Louis, Missouri
- Akron Children’s Hospital
- Palo Alto Medical Foundation
- Division of Child Psychiatry, Langley Porter Psychiatric Institute, University of California in San Francisco, School of Medicine, Dept of Psychiatry
- Division of Child Psychiatry, Stanford University Medical Center
- Children’s National Medical Center, Washington, D.C.
- California Pacific Medical Center

PEDIATRIC DIVISION PRESENTATIONS

September 2011 “Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders.” Division of Pediatric Gastroenterology, Children’s National Medical Center, Washington DC)

August 2011 “Medical Hypnosis for Pediatric Allergy and Immunology.” Division of Pediatric Allergy and Immunology, Stanford University Medical Center, Stanford, California

July 2011 “Medical Hypnosis in the Treatment of Pediatric Pulmonary Conditions.” Division of Pediatric Pulmonology, Children’s Hospital of Oakland, Oakland, California.

July 2011 “Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders.” Division of Pediatric Gastroenterology, Stanford University Medical Center, Stanford, California

June 2011 “Medical Hypnosis in the Treatment of Pediatric Pulmonary Conditions.” Division of Pediatric Pulmonology, Stanford University Medical Center, Stanford, California.

May 2011 “Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders.” Division of Pediatric Gastroenterology, California Pacific Medical Center, San Francisco, California.

April 2011 “Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders.” Division of Pediatric Gastroenterology, Children’s Hospital of Oakland, Oakland, California.

September 2008 “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Neurology, University of California San Francisco, San Francisco, California.

April 2009 “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Psychiatry, Stanford University School of Medicine, Stanford, California.

January 2009 “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Psychiatry, University of California San Francisco, San Francisco, California.

November 2008 “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Neurology, Stanford University School of Medicine, Stanford, California.

September 2008 “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Neurology, University of California San Francisco, San Francisco, California.

PERSONAL INTERESTS:

Enjoy tai chi, ceramics, swimming, fitness training, and telling good jokes.

(May, 2013)