

## CURRICULUM VITAE

Jeffrey Edward Lazarus, MD, FAAP  
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### EDUCATION:

1970-74 B.A., Magna cum Laude, Washington University, St. Louis, Missouri  
1974-78 M.D., Rush Medical School, Chicago, Illinois

### POST-DOCTORAL TRAINING:

1978-79 Intern in Pediatrics, Stanford University, Stanford, California  
1979-81 Resident in Pediatrics, Stanford University, Stanford, California

### POST-DOCTORAL WORK

1981-2008 Private Practice, General Pediatrics, Cleveland, Ohio  
2008-present Private Practice, Child & Adolescent Clinical Hypnosis & Biofeedback,  
Menlo Park, California  
After Hours Pediatrics Urgent Care Clinic, San Mateo, California  
2010-2011 Private Practice, part-time, The Village Doctor, Woodside, California

### ACADEMIC APPOINTMENTS:

Associate Clinical Professor of Pediatrics, Case Western Reserve University School of  
Medicine, Rainbow Babies and Children's Hospital

### PROFESSIONAL SOCIETIES:

Fellow, American Academy of Pediatrics  
American Society of Clinical Hypnosis

### CONTRIBUTING EDITOR:

Yearbook of Pediatrics, 2014; Mosby; Stockman, James A., III, editor.

Yearbook of Pediatrics, 2004; Mosby; Stockman, James A., III, editor.

### UPCOMING PRESENTATIONS:

**October, 2014 At the European Hypnosis Society Congress in Sorrento, Italy.**

“Treatment of Tics and Habit Disorders with Training in Self-Hypnosis ”

“Self-Hypnosis for the Treatment of Nocturnal Enuresis”

“Self-Hypnosis in the Treatment of Headaches, Including Migraine”

“Optimizing Motivation and Dissolving Patient Resistance”

“Treatment of Irritable Bowel Syndrome and Functional Abdominal Pain with Training in Self-Hypnosis”

### INVITED PRESENTATIONS:

**October, 2013** “Techniques to Maximize Treatment Adherence and Outcome.” **Child Hypnosis Congress**, Heidelberg, Germany.

**October, 2013** “Treatment of Tics and Habit Disorders with Training in Self-Hypnosis.” **Child Hypnosis Congress**, Heidelberg, Germany.

**October, 2013** “Treatment of Headaches Utilizing Self-Hypnosis.” **Society for Clinical and Experimental Hypnosis, Advanced Workshop, Annual Meeting**, Berkeley, California.

**August, 2013** Guest lecturer and teaching assistant for David Burns, MD when Dr. Burns teaches “Advanced Applications in Cognitive Therapy: A Four-Day Intensive Training.” San Francisco, California.

**April, 2013** “Medical Applications of Mental Imagery in Children and Adolescents.” **Dubai Paediatric Society**, Dubai, United Arab Emirates.

**March, 2013** “Treatment of Tics and Habit Disorders with Training in Self-Hypnosis.” **American Society of Clinical Hypnosis Annual Scientific Meeting**, Louisville, Ky.

**October 2012** “Treatment of Tics in Patients with Tourette Syndrome with Training in Self-Hypnosis” and “A Comprehensive Approach to the Treatment of Nocturnal Enuresis (Bedwetting) Incorporating Self-Hypnosis.” **International Society of Hypnosis Congress**, Bremen, Germany.

**May 2012** “The Use of Hypnotherapy in Pediatrics” and “Medical Hypnosis in the Treatment of Functional Abdominal Pain and Irritable Bowel Syndrome.” **American Academy of Pediatrics Annual California Chapter 1 Meeting**, Monterey, CA

**March 2011** “Application of Dr. Michael Yapko’s Approach to Sports Performance Enhancement.” American Society of Clinical Hypnosis annual scientific meeting. This was the first time this has ever been reported.

**December 2010** “Test-taking Anxiety and Situational –Specific Anxiety: Using visualization and positive self-talk to manage Test-Taking Anxiety and Situational-Specific Anxiety.” Parents Education Network, San Francisco, California.

**October 2010** “Clinical Hypnosis in the Treatment of Insomnia and Anxiety.” California Association of Marriage and Family Therapists.

**September 2009** “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis,” “Treatment of Nocturnal Enuresis with Self-Hypnosis,” “Treatment of Migraine Headaches with Self-Hypnosis,” XVIIIth Annual International Hypnosis Society Congress, Rome, Italy.

**September 2009** Department of Child and Adolescent Psychiatry; Saarland University Hospital, Homburg, Germany

**May 2009** Pritzker Lecture Series, Osher Center for Integrative Medicine, University of California, San Francisco

**October 2008** “Treatment of Nocturnal Enuresis with Self-Hypnosis” Combined meeting of the American Academy of Pediatrics and International Children’s Continence Society

**August 2006** “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis”, “Treatment of Nocturnal Enuresis with Self-Hypnosis”, “Learning and Teaching Self-Hypnosis” XVIIth Annual International Hypnosis Society Congress

**June 2004** “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis” 4<sup>th</sup> scientific meeting of the International Tourette Syndrome Association, poster session

**April 2004** Annual Mullen Lecture Series, Guest speaker, Department of Psychology, Ursuline College

**April 2003** “Treatment of Tics in Tourette Syndrome with Training in Self-Hypnosis.” Presented at the National Scientific Meeting of the American Society of Clinical Hypnosis

#### **INVITED PRESENTATIONS, SPORTS-RELATED:**

**March 2011** “Application of Dr. Michael Yapko’s Approach to Sports Performance Enhancement.” American Society of Clinical Hypnosis annual scientific meeting. **This was the first time this has ever been reported.**

**February 2011** NIKE Coach of the Year Conference, Concord, California. Spoke about treating Sports Performance Enhancement using clinical hypnosis. The conference was largely attended by high school and junior college football coaches.

**March 2010** NIKE Coach of the Year Conference, Concord, California. Spoke about treating Sports Performance Enhancement using clinical hypnosis. The conference was largely attended by high school and junior college football coaches.

#### **PUBLICATIONS:**

**Lazarus, J** and Klein, S. Trattamento non farmacologico dei tic nella sindrome di Tourette con l'autoipnosi appresa tramite un videotape. *Rivista Italiana di Ipnosi Clinica e Sperimentale*, n° 2, 2010, pp. 5-20.

**Lazarus, J** and Klein, S. Non-Pharmacological Treatment of Tics in Tourette Syndrome with Videotape Training in Self-Hypnosis. *Journal of Developmental & Behavioral Pediatrics*. July/August 2010 - Volume 31 - Issue 6 – pp. 498-504.

**Lazarus, J.** L'enuresi pediatrica: la diagnosi e il trattamento con l'uso dell'autoipnosi, in L'ipnosi con I bambini e gli adolescenti: Tecniche psicoterapeutiche in eta evolutiva, A cura di Maria Laura Fasciana, Ph.D. (Pediatric enuresis: the diagnosis and treatment using self-hypnosis, in Hypnosis in Children and Adolescents: psychotherapeutic techniques for different stages of development. Edited by Maria Laura Fasciana, Ph.D., 2009)

Silverman, F.N., Stresling A.M., Stevenson, D. K. and **Lazarus, J. E.**, Cerebro-Costo Mandibular Syndrome. *Journal of Pediatrics*, September, 1980 Volume 97, Number 3, pp. 406-416.

Enoch, J. M., **Lazarus, J.E.**, and Johnson, C.A. Human Psychophysical Analysis of Receptive

Field-like Properties: I. A New Transient-Like Visual Response Using a Moving Windmill (Werblin-type) Target. *Sensory Processes*, 1: 14-32, 1976

#### **PEDIATRIC GRAND ROUNDS PRESENTATIONS:**

- Stanford University Medical Center
- Hospital Infantil in Madrid, Spain
- Mattel Children's Hospital at UCLA, David Geffen School of Medicine at UCLA
- Children's Hospital and Health Center, San Diego, California
- Rainbow Babies and Children's Hospital, Case Western Reserve University School of Medicine
- The Children's Hospital in Portland, Oregon, Oregon Health Sciences University
- Duke University Medical Center
- The Cleveland Clinic Foundation
- Cardinal Glennon Children's Hospital, St. Louis, Missouri
- Akron Children's Hospital
- Palo Alto Medical Foundation
- Division of Child Psychiatry, Langley Porter Psychiatric Institute, University of California in San Francisco, School of Medicine, Dept of Psychiatry
- Division of Child Psychiatry, Stanford University Medical Center
- Children's National Medical Center, Washington, D.C.
- California Pacific Medical Center

#### **PEDIATRIC DIVISION PRESENTATIONS**

**September 2011** "Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders." Division of Pediatric Gastroenterology, Children's National Medical Center, Washington DC)

**August 2011** "Medical Hypnosis for Pediatric Allergy and Immunology." Division of Pediatric Allergy and Immunology, Stanford University Medical Center, Stanford, California

**July 2011** "Medical Hypnosis in the Treatment of Pediatric Pulmonary Conditions." Division of Pediatric Pulmonology, Children's Hospital of Oakland, Oakland, California.

**July 2011** "Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders." Division of Pediatric Gastroenterology, Stanford University Medical Center, Stanford, California

**June 2011** "Medical Hypnosis in the Treatment of Pediatric Pulmonary Conditions." Division of Pediatric Pulmonology, Stanford University Medical Center, Stanford, California.

**May 2011** "Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders." Division of Pediatric Gastroenterology, California Pacific Medical Center, San Francisco, California.

**April 2011** "Medical Hypnosis in the Treatment of Pediatric Gastrointestinal Disorders." Division of Pediatric Gastroenterology, Children's Hospital of Oakland, Oakland, California.

**September 2008** "Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome." Division of Pediatric Neurology, University of California San Francisco, San Francisco, California.

**April 2009** “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.”  
Division of Pediatric Psychiatry, Stanford University School of Medicine, Stanford, California.

**January 2009** “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Psychiatry, University of California San Francisco, San Francisco, California.

**November 2008** “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Neurology, Stanford University School of Medicine, Stanford, California.

**September 2008** “Medical Hypnosis in the Treatment of Migraine and Tics and Tourette Syndrome.” Division of Pediatric Neurology, University of California San Francisco, San Francisco, California.

**PERSONAL INTERESTS:**

Enjoy tai chi, ceramics, swimming, fitness training, and telling good jokes.

(August, 2014)